

## **INTEGRAL PRACTITIONER IN PRAXIS WORKSHOP (IWB6)**

TLHOLEGO ECOVILLAGE, MAY 2012

### PROGRAM DESCRIPTION & READING LIST

In this 5-day workshop, aimed at development practitioners, strategists and planners, we will use integral theory as a framework to engage with live projects, to move towards a more effective and compassionate development practice, both in our work, and in our personal lives. We will do this through a combination of group explorations of live projects, personal reflection and immersion into a living, breathing example of applied integral theory at Tlholego eco-village.

Two overarching questions will thread through our experience together, underpinned by the following perspectives/assumptions/points of view:

In each other's work, we will find guidance, provocations and points of reflection for our own work.

**What are the common themes and threads in another's work that show up in my own work? Where is there dissonance? How are these integrated?**

Matching who we are inside with what we do outside – linking the software and hardware of development praxis

**Where in our own lives can we improve on our personal sustainability practice? What is it in ourselves that calls us to "do" development out there? As development practitioners – do we identify with a culture of shared understanding that supports both our individual development processes and collective solution building capacities?**

**For Bookings:**

**Please contact Stephne on 072-118 7357 or email [stephnefain@gmail.com](mailto:stephnefain@gmail.com)**

	DAY ONE (Monday 28 <sup>th</sup> May)	DAY TWO (Tuesday 29 <sup>th</sup> May)	DAY THREE (Wednesday 30 <sup>th</sup> May)	DAY FOUR (Thursday 31 <sup>st</sup> May)	DAY 5 (Friday 1 June)
<b>Overview</b>	<b>Setting the scene</b> Who are we? + Introduction to Integral Theory - A whistle stop tour through quadrants, levels, lines, states, types and shadow	<b>Praxis</b> Applying an integral lens to 3 live projects – emerging common threads and themes	<b>Praxis</b> Applying an integral lens to 3 live projects – emerging common threads and themes	<b>Praxis</b> Applying an integral lens to 3 live projects – emerging common threads and themes	<b>Closing</b> Integration and Closing “A community of support and practice?”
<b>MORNING</b>					
<b>Practice</b> (7 – 7:45)	Yoga, meditation, tai ji etc.– offered by faculty and participants (optional)	Yoga, meditation, tai ji etc.– offered by faculty and participants (optional)	Yoga, meditation, tai ji etc.– offered by faculty and participants (optional)	Yoga, meditation, tai ji etc.– offered by faculty and participants (optional)	Yoga, meditation, tai ji – offered by faculty and participants (optional)
Breakfast (7:30 - 8:30)					
<b>Session 1</b> (9 - 11)	Personal introductions, intention setting, expectations, road map + Quadrants	PROJECT 1: Project introduction by practitioners	PROJECT 2: Project introduction by practitioners	PROJECT 3: Project introduction by practitioners	Integrating themes and threads – ideas and potential steps moving forward
Break - Coffee (11 – 11:30)					
<b>Session 2</b> (11:30 – 1)	Levels	Project review by faculty and participants	Project review by faculty and participants	Project review by faculty and participants	CLOSING
Lunch (1:00 – 2:00)					
<b>AFTERNOON</b>					
<b>Session 3</b> (2 – 3:30)	Lines, States, Types	Small group workshops – common threads from the morning’s review in personal projects	Introducing Tlholego – an integral review of development practice at Tlholego Eco-village, the Tshedimosong School and greater Rustenburg area	Small group workshops – common threads from the morning’s review in personal projects	
Break - Tea (3:30 – 4:00)					
<b>Session 4</b> (4 – 5:30)	Shadow	Personal reflection	Site visit and reflections around common themes and threads in personal projects	Personal reflection	
BREAK AND DINNER (5:30 – 7:30)					
<b>EVENING</b>					
<b>Session 5</b> (7:30 – 9)	There is the potential for a couple of evening sessions over the week. More information on these to follow.				

**Reading List: All these papers and other resources are available on this website in the Resources section**

For those who would like to familiarize themselves with integral theory before the workshop (a good idea for those not yet that familiar with this material) or interested to take a deeper look into this work, the reading list below includes both introductory and intermediary articles for your interest.

1. Introduction to Integral Theory (Ken Wilber)
2. Integral International Development (Gail Hochachka)
3. Integral Ecology (Sean Esbjörn-Hargens)
4. Developing Sustainability (Gail Hochachka)
5. Applying Quadrants for Sustainability (Barrett Brown)
6. Communicating Sustainability (Barrett Brown)
7. Integral Methodological Pluralism (Blaine A. Snow)
8. Towards an Integral Theory & Practice of Dialogue (Phillip Thomas)
9. Detailed description of ego develop stages (Dr. Susanne R. Cook-Greuter)
10. Responding to Climate Change (Karen O' Brien)